

# Dr. Maharaj's Weight Management Program



## Pre-Consult – Office visit for program introduction

### Initial visit:

*This visit is the most comprehensive appointment and generally requires approximately 30 minutes.*

*This visit includes:*

1. Review of medical history and vital signs.
2. Body composition - weight, BMI, fat %, lean body mass, and BMR.
3. Review of current labs (if available).
4. EKG (if required).
5. Abbreviated physical exam.
6. Set up of individual interactive online profile for meal planning, calorie tracking, and other metrics.
7. Injection of vitamins and fat burners.
8. One month supply of High Protein Meal Replacement.
9. One month supply of both a medical grade Fat burner and Omega health supplement.
10. Program materials.

**Initial Investment: \$ 290.00**

### Bimonthly visit (2 week follow-up):

*This appointment is 15 to 20 minutes in length. It includes the following:*

1. Body analysis - weight, BMI, fat %, fat mass.
2. Review of progress and any questions.
3. Injection of vitamins and fat burners.
4. Program materials as they become necessary.
5. Physician review bimonthly.

**Progress: \$ 75.00 per visit**

### Nutritional Supplement Re-ordering Info:

### Optional (additional weekly) Metabolic Injections:

LipoB & Vitamin B12 COMBO (*Lipostat*) : **\$50.00**

### Cornerstone Wellness Meal Replacement Package – **FULL \$230.00**

*Package: 30 Day Supply: 2 Meal Replacement Shakes, 1 Metassist (body fat reducer), 1 RxOmega.*

### Individual Supplements:

1 Meal Replacement Shake (Chocolate or Vanilla): **\$90.00** (per canister; 2 = 1 month supply).

1 Metassist (body fat reducer) capsules: **\$39.00** (1-month supply).

1 RxOmega 60c capsules: **\$42.50** (per 1-month supply).

### Additional Informaion:

Visit our exclusive Weight Management Page for additional information and to schedule your visit with Dr. Maharaj: <http://www.baldwinparkfp.com/wellness>